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Media Contact:  
Heather Wagner Reed  
heather@juiceconsulting.com  
713 208 3891



## **PSYCHIC MEDIUM ALYSSA MALEHORN LAUNCHES COMPELLING NEW BOOK: 'HOW OLD IS YOUR SOUL? THE ESSENTIAL GUIDE TO THE LESSONS, GIFTS AND ARCHETYPES OF EVERY SOUL AGE'**

*Coinciding with the book launch, this divinely inspired soul guide also launches an online spiritual awakening program called 'Spirit Within.' With over a hundred instructional videos and guided meditations this ever-expanding program brings healing and spiritual guidance to awakening souls worldwide.*

(AUSTIN, TEXAS – Oct. 25, 2016; source: Juice Consulting) – Austin-based spiritual teacher and psychic medium **Alyssa Malehorn** proudly launches her brand new book, **"How Old Is Your Soul? The Lessons, Gifts and Archetypes of Every Soul Age."** In this revolutionary new work, Malehorn illuminates the divine framework and process behind the healing, growth and inevitable enlightenment of the human soul. Now available for the first time in print, these leading edge tools and techniques will help readers rediscover their authentic soul self. The book is currently available for purchase at BookPeople in Austin as well as via Amazon.com at <https://www.amazon.com/dp/0997991402>. There will be a book signing with Malehorn taking place on **Friday, Jan. 6, 2017 at 7 p.m.** at **BookPeople** located at **603 N. Lamar Blvd., Austin, Texas 78703**.

"How Old Is Your Soul?' provides a path to access your soul's natural state of freedom, with inspired guidance that liberates you from the unhealed energies of the past and allows you to discover who you really are," said Malehorn. "These timeless truths provide clarity and support for those seeking to understand and develop mastery over their inner world and effectively ride the wave of soul progression. My goal is for readers to receive step-by-step guidance and divine transmissions of healing energy and experience the transformational affirmations, mantras, mudras and guided meditations. All of these tools are specifically designed to address the issues that arise as we travel through the entire spectrum of soul ages."

About the upcoming election, Malehorn says, "With the overwhelming divide in our culture during this election time, 'How Old Is Your Soul?' makes sense of the candidates and their supporters, by enlightening the reader to the concept of 'soul age' and how it motivates behavior and belief."

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Coinciding with the book launch is also the introduction of the new website [www.alyssamalehorn.com](http://www.alyssamalehorn.com). Her new website includes “**Spirit Within**,” a leading edge Spiritual Awakening Program featuring over 100 video lessons and guided meditations, live monthly Q&A events with Alyssa, weekly state of the universe videos, access to a private Facebook community and discounts on Alyssa’s transformational live events.

“I wanted to create a program that genuinely showed people how to upgrade how they feel on a day-to-day basis when their old way of living just isn’t working anymore.” says Malehorn. “When you’re on a path of self-discovery, it positively affects your relationships, your home life, your work life, everything.”

Based in Austin, Texas, this divinely inspired guide brings healing for thousands of souls earning her the reputation as one of America’s most gifted psychic mediums and spiritual teachers. Alyssa has dedicated her life to bringing the divine energy of unity to our divided world.

“In my work, I have the opportunity to be the conduit for spiritual communication and healing for my clients,” explains Malehorn. “When we access our ‘higher selves,’ we can use every situation in life as an opportunity to heal. That’s what true freedom is.

Malehorn has also announced a new series of transformative spiritual development workshops in **Sedona, Arizona** and **San Diego, California** this November.

#### **UPCOMING EVENTS:**

##### **Sedona “Discover Your Divine Team” Workshop:**

Friday, Nov. 4, Saturday, Nov. 5 and Sunday, Nov. 6, 2016

##### **About the Divine Team Workshop:**

We all have a Divine Team of spiritual helpers that include Ascended Masters, Angels, Guides and Councils of Light. In this intuitive development experience, participants will gather together in mystical Sedona, Arizona, where they will assemble and connect with their own Divine Team. Participants will also feel a deeper connection with their Higher Self and learn how to hear their true inner voice. No experience is expected, just an open mind and a willingness to learn! For more information, visit [www.alyssamalehorn.com](http://www.alyssamalehorn.com).

##### **Sedona “Awakening & Ascension: Activate Your Intuition” Workshop:**

Friday, Nov. 11, Saturday, Nov. 12 and Sunday, Nov. 13, 2016

##### **About the Awakening Workshop:**

We all have multiple aspects of our being, including physical, mental, emotional, spiritual. We can feel anxiety, suffering and pain in the lower levels (physical, mental, emotional) and the highest levels of truth, peace and awareness on the spiritual level, in the “Light Body.” This workshop is focused on fully activating the Light Body and integrating more and more Divine Light into every level of each participant’s being. (This is the meaning of awakening and ascension.)

This process will assist participants in: raising their vibrational frequency, activating their intuition and inner Light, connecting with their Higher Self, understanding their journey here on the planet, embracing their life and mission and remembering their true Divine nature (who they really are). For more information, visit [www.alyssamalehorn.com](http://www.alyssamalehorn.com).

**San Diego “Discover Your Divine Team” Workshop:**

Friday, Nov. 19 and Saturday, Nov. 20, 2016

**About the Divine Team Workshop:**

We all have a Divine Team of spiritual helpers that include Ascended Masters, Angels, Guides and Councils of Light. In this intuitive development experience, participants will gather together in beautiful Encinitas, California, where they will assemble and connect with their own Divine Team. Participants will also feel a deeper connection with their Higher Self and learn how to hear their true inner voice. No experience is expected, just an open mind and a willingness to learn! For more information, visit [www.alyssamalehorn.com](http://www.alyssamalehorn.com).

**Austin book signing: “How Old Is Your Soul? The Lessons, Gifts and Archetypes of Every Soul Age”:**

Friday, Jan. 6, 2017 at 7 p.m.

BookPeople

603 N. Lamar Blvd., Austin, Texas 78703

**ABOUT ALYSSA MALEHORN:**

Alyssa Malehorn is a spiritual teacher, soul guide, psychic medium and divine transmitter of healing energies for the purpose of illuminating and demystifying the path to enlightenment. Her mission is to empower, educate and enlighten all truth-seekers, in all aspects of life. Alyssa is a catalyst for transformational healing, wisdom, and joy for individuals and groups worldwide. She sees the spiritual meaning hidden within all events, from the everyday to global, and is a leader in the empowerment of those seeking freedom from overwhelm and fear.

Alyssa is the creator of the life-changing, online “Spirit Within: Spiritual Awakening Program,” and the divinely inspired, best-selling programs “Discover Your Divine Team,” “Awakening & Ascension,” “Channeled Light Healing,” “In The Light” and more.

Information about individual and couple’s consultations, speaking engagements, group workshops, meditation events, Reiki and healing classes (in Austin, Texas, as well as Sedona, Arizona, Southern California and other areas) is available at [alyssamalehorn.com](http://alyssamalehorn.com). Alyssa lives in Austin, Texas with her spiritual partner, Zack, happy dog, Bodhi, and talkative cat, Daisy.

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**MEDIA NOTE:**

For general press inquiries, interview requests and more, please contact the team at Juice Consulting:

Heather Wagner Reed  
713 208 3891  
[heather@juiceconsulting.com](mailto:heather@juiceconsulting.com)

Madison Snelling  
210 213 8934  
[madison@juiceconsulting.net](mailto:madison@juiceconsulting.net)